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Cosmetic surgery

gets a lift

According to the latest research from MINTEL, almost 1,600 cosmetic surgery procedures were carried out every single day in Britain during the course of last year. Amounting to no less than 577,000 cosmetic operations and treatments during the whole year, up from 300,000 just two years ago.

Breast surgery is one area that has received a lot of attention, with the majority of patients undergoing breast enlargement. This operation is not new and was first performed in the early 1960s. Since then, the quality and durability of implants has improved tremendously. However surgeons still occasionally see patients who had breast implants inserted over 20 years ago.

Susan is 76-years-old and underwent breast augmentation over 30 years ago. Over time she became increasingly unhappy with the shape of her breasts as the implants had become hard and had drooped. Although well into her retirement, she still led an active lifestyle with her husband and so was not keen to simply have the implants removed. She booked a consultation with BAAPS consultant plastic surgeon Mr Charles Nduka.

"Although in her seventies, I saw no problem with operating on Susan as she was generally fit and active. Many young women undergoing breast enlargement think that they will not care about their appearance when they are older but my experience is that most fit patients want to look as good as they feel," said Mr Nduka.

He added: "Breast implants do not routinely have to be changed if there are no problems, but many young patients undergoing breast augmentation in their 20s should consider that their new breasts will eventually droop."

Susan underwent a breast uplift, removal of her old implants, and replacement with Allergan teardrop shaped implants as she was keen on a natural look. She was delighted with the results of her surgery.

For information about a range of cosmetic procedures, including safety, training, and questions to ask at your consultation, visit www.aesthetic-advice.co.uk or call 0870 803 2123